

QUESTION. ADVOCATE. THRIVE.

Questions To Get You Started . . .

1. What is the natural progression of this diagnosis? Can you please tell me about the exceptions? – This can apply to any common cold or virus you may be experiencing.
2. What other diagnosis could this possibly be?
3. Is my concern connected to [provide any other physical discomfort which you may be experiencing whether or not you deem it relevant]?
4. What are side-effects associated with this drug?
5. Are there any other drugs that may be more helpful?
6. Have you heard of any alternative treatments that can be effective in treatment?
7. Is there any way to treat this ailment without use of drugs? Any foods or lifestyle changes that can be beneficial?
8. If the diagnosis does not sit right for you, can you refer me to another doctor for a second opinion?
9. Is there a website you can refer me to in order to learn additional information?
10. If relevant, are there any support groups that I can contact, who may have additional information? This may be applicable even for everyday care such as connecting with the La Leche League for new nursing mothers.

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